Fractionated *Coptis chinensis* Extract and Its Bioactive Component Suppress *Propionibacterium acnes*-Stimulated Inflammation in Human Keratinocytes

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*Coptis chinensis* (CC) is widely used in Asian countries to treat inflammatory diseases. We investigated the anti-inflammatory activity of the aqueous fraction separated from CC extract and of berberine, its key bioactive component, in human keratinocytes and the possible molecular mechanisms underlying this. Treating HaCaT keratinocytic cells with heat-killed *Propionibacterium acnes* induced nitric oxide and proinflammatory cytokine (e.g., tumor necrosis factor-α, interleukin (IL)-1β, and IL-8) production and their mRNA expression; these effects were suppressed by pretreatment with the aqueous fraction or berberine, which also suppressed the phosphorylation of ERK, JNK, and p38 kinases and the nuclear expression of nuclear factor (NF)-κB p65 in *P. acnes*-stimulated cells. Thus, the aqueous fraction and berberine effectively exerted anti-inflammatory activities by suppressing mitogen-activated protein kinase and NF-κB signaling pathways in human keratinocytes and may be used for treating *P. acnes*-induced inflammatory skin diseases.

**Keywords:** Anti-inflammation, berberine, *Coptis chinensis*, keratinocytes, *P. acnes*

**Introduction**

Acne vulgaris is a chronic skin disorder that is caused by the blockage or inflammation of pilosebaceous follicles [1]. Colonization of follicles by *Propionibacterium acnes* is considered to be a primary factor for the inflammatory reaction. Infection of *P. acnes* could activate the immune system, triggering an inflammatory cascade in infected cells. Therefore, *P. acnes* has become a central target for skin therapy, and the suppression of *P. acnes*-induced inflammation has been a crucial strategy for treating inflammatory acne [2].

As an immunostimulant, *P. acnes* induces the production of several proinflammatory cytokines including tumor necrosis factor (TNF)-α, interleukin (IL)-8, and IL-1β in various cells [3]. *P. acnes*-induced inflammatory responses are assisted by Toll-like receptors (TLRs) [4]. Among these, TLR2 activates the inflammatory pathway by stimulating the receptors of gram-positive bacteria, including those of *P. acnes*. TLR2 activation induces the secretion of various inflammatory cytokines and chemokines, which then elicit activation of the mitogen-activated protein kinase (MAPK) and transcription factor nuclear factor (NF)-κB signaling pathways [4, 5]. These two pathways result in the modulation of inflammatory gene expression that is important in the innate immune response involved in the inflammatory skin disorder [6].

The dried roots of *Coptis chinensis* (CC) Franch, which are known as huang lian, have been frequently used as a traditional medicine for treating severe skin and inflammation-related diseases in China and Korea [7]. In recent years, CC has been used as an additive and...
supplement for some food products and beverages because of its strong antibacterial and antioxidant activities [8, 9]. CC contains high levels of diverse alkaloid compounds, including berberine, palmatine, jatrorrhizine, magnoflorine, epiberberine, and coptisine [10]. Among these, berberine has been confirmed as the main active component, and the berberine level is often used as a criterion in the quality control of huang lian products [7~9].

Impressively, the anti-inflammatory activities of berberine have been assessed in recent studies [10]. Berberine suppresses inflammation through complex mechanisms that involve MAPK signaling inhibition [11]. MAPKs are involved in regulating inflammatory mediators such as ERK, JNK, and p38 protein kinases at the transcriptional and translational levels; therefore, they have been potential therapeutic targets for the anti-inflammatory response in various studies [12]. In addition, berberine plays a crucial role in regulating the inflammatory response by inhibiting NF-xB and transcription factor activator protein 1 (AP-1) binding [13]. AP-1 is a key factor in inflammation and carcinogenesis. Berberine significantly inhibits the binding of AP-1 and NF-xB in a concentration- and time-dependent manner, potentially suppressing the activation of the transcription factor. Although the anti-inflammatory effects of the CC extracts and berberine have been investigated in many cells, their anti-inflammatory activity in the keratinocytic cells where inflammatory responses are induced by P. acnes have not been comprehensively studied.

Here, we explored the therapeutic potential of fractionated CC extracts and berberine, which is its main bioactive component, to regulate the production of inflammatory mediators in P. acnes-stimulated HaCaT keratinocytic cells. The inhibitory mechanisms of the inflammatory reaction were also assessed in these cells.

Materials and Methods

Materials
Berberine chloride (PHR1502), Griess reagent, and Methyl-thiazolyldiphenyl-tetrazolium bromide (MTT) were obtained from Sigma-Aldrich (USA). The antibodies used in the experiments were obtained from Abcam (USA) and Cell Signaling Technology (USA).

Preparation and Isolation of Extracts
Dried roots of C. chinensis Franch were purchased from the Kyungdong marketplace (Korea). Extracts were obtained from the roots by mixing ground root powder with 70% ethanol (EtOH) (1:20 (w/v)) and keeping it at room temperature for 24 h, repeating this once. The extracted solutions were evaporated to yield crude EtOH extracts. Five fractions were separated on the basis of polarity by mixing the crude EtOH extracts sequentially with 200 ml of hexane, methylene chloride, ethyl acetate, and tert-butanol, each three times. The extracted organic layers for each solvent were combined and concentrated. The remaining aqueous layer was retained for further use.

Single Compound Analysis
The molecular mass of each single compound was analyzed using a quadrupole/time-of-flight mass spectrometer equipped with an electrospray ion source (Waters, USA). The instrument was adjusted using sodium fluoride solution. After dissolving in 100% MeOH, the sample was introduced by direct infusion into the ion source operating in positive mode at a 20 μl/min flow rate. All spectra were acquired over a 50–1,500 m/z range. Leucine enkephalin was employed as the lock mass for the exact mass measurement correction.

Cell Culture and Cytotoxicity
P. acnes 3320 was purchased from the Korean Collection for Type Cultures (Korea) and cultured in reinforced clostridial medium (Difco, USA) under anaerobic conditions using a BBL Gas-Pak system (Becton Dickinson Microbiology Systems, USA). CRL-2309 were obtained from the American Tissue Culture Collection (USA) and cultured in DMEM with 10% heat-inactivated fetal bovine serum, penicillin (100 U/ml), and streptomycin (100 mg/ml) at 37°C in a humidified atmosphere with 5% CO2. The cytotoxicities of the fractionated CC extracts and berberine were measured by MTT assay.

Reverse-Transcription PCR
Total RNA was prepared using Trizol reagent (Thermo Scientific, USA), and RNA (1 μg) was reverse-transcribed into cDNA using a reverse-transcription (RT)-PCR premix kit (iNtRON, Korea). PCR analysis was then performed using gene-specific primers. The primer sequences used for TNF-α, IL-1β, IL-8, and GAPDH were as follows: TNF-α, 5’-GGACAGTGGTCATCGTTCGAAA-3’ and 5’-GAAGGGCTAAGGTCCACTTGTGT-3’; IL-1β, 5’-CATGAGCATCTGGGAGAATCTC-3’ and 5’-TGTACCAGTTGGGGAACTCT-3’; IL-8, 5’-TTTCTGATCACCCAGTCTTG-3’ and 5’-GGTCTAACATCTATTTCCGTA-3’; GAPDH, 5’-AGGGCTGCTTCTAATGAGGGA-3’ and 5’-CCCACCTTGATTTTGGAGGA-3’.

Enzyme-Linked Immunosorbent Assay
HaCaT keratinocytic cells were plated at 1 × 10⁵ cells/well in 12-well plates and cultured overnight. The cells were pretreated with CC extracts or berberine for 1 h and then P. acnes was added. After incubating the cells in a humidified incubator with 5% CO2 at 37°C for 24 h, the cell-cultured supernatant was harvested for enzyme-linked immunosorbent assay (ELISA) using a human inflammatory cytokine ELISA kit (BioLegend, USA). Absorbance was measured at 450–540 nm using a microplate reader.

Western Blot Analysis
HaCaT keratinocytic cells were plated at 1 × 10⁵ cells/well in...
12-well plates and cultured overnight. The cells were then pretreated with CC extracts or berberine for 1 h. After stimulating the cells with \textit{P. acnes} for 24 h, total cellular proteins were prepared using PBS lysis buffer. These proteins were separated using 10% SDS-PAGE and transferred to PVDF membranes. These membranes were then blocked and incubated with a primary antibody overnight in a shaker at 4°C. After washing three times with TBST, the membranes were incubated for 1 h with a horseradish peroxidase-conjugated secondary antibody. Protein bands were detected using an ECL kit (Biosesang, Korea) and ChemiDoc system (Bio-Rad, USA). All experiments were repeated three times and the most obvious results are presented.

**Immunoﬂuorescence**

After the \textit{P. acnes}-stimulated cells were treated with the CC extracts or berberine, they were fixed with 4% paraformaldehyde in PBS for 15 min and permeabilized with 0.25% Trixon X-100 for 15 min. They were then incubated overnight with the primary NF-κB p65 antibody at 4°C. The cells were washed three times in PBS, incubated overnight with biotin-conjugated secondary antibodies (Vector Labs, USA), and then incubated with Cy2-streptavidin (GE Healthcare, USA) overnight at 4°C. The nuclei were counterstained using Hoechst 33258 (Invitrogen, USA) for 5 min. The prepared cells were then observed using a fluorescence microscope and images were recorded.

**Statistical Analysis**

All experiments were repeated three times and the results expressed as the mean ± SD. Differences in results were tested for statistical significance using Student’s \(t\)-tests. A \(p\) value of <0.05 was considered significant.

**Results**

**Cytotoxicity and Antibacterial Activity of the Five Extracted Fractions**

The in vitro cytotoxicity of the five fractions was tested...
using the MTT assay method (Figs. 1A and S1). The treatment of each fraction indicated differential cell viability. The hexane, methylene chloride, ethyl acetate, and tert-butanol fractions exhibited apparent cytotoxicity at concentrations of 1–10 $\mu$g/ml (Fig. S1). In contrast, the aqueous fraction of CC (CCW) showed no cytotoxicity in the cells at concentrations up to 50 $\mu$g/ml (Fig. 1A). Because some bacterial strains have been reported to induce an inflammatory response and diseases in infected cells [14], we explored the antibacterial activity of the five fractions by applying them to microorganisms easily found on human skin and in contaminated environments (P. acnes, Staphylococcus aureus, and Listeria monocytogenes) and measuring their minimum inhibitory concentrations. The aqueous, ethyl acetate, and hexane fractions showed strong antibacterial activities against all three microorganisms, with minimum inhibitory concentrations in the range of 0.5–1 $\mu$g/ml (Table S1). Because the CCW fraction showed strong antibacterial activity against P. acnes but no sign of cytotoxicity in HaCaT cells (Table S1 and Fig. 1A), we decided to use this fraction to evaluate the anti-inflammatory function by assaying the inhibition of P. acnes-induced inflammation in HaCaT keratinocytic cells.

Berberine Isolated from the CCW Fraction

We performed a compound analysis of the CCW fraction to identify the key bioactive components responsible for its strong antibacterial and anti-inflammatory functions. Tandem mass spectrometry analysis verified one of the components as a single compound (Fig. 1B), with a molecular weight of $m/z$ 336.1492; this exactly matched that of berberine's structure. The fragment ions seen in the spectrum (Fig. 1B) with $m/z$ 320.08, 306.09, and 290.10 were owing to the 1,3-dioxolane ring structure, and the peak of $m/z$ 320.08 originated from the elimination of a single oxygen from the ring structure. The peaks of $m/z$ 306.09 and 290.10 were derived from the breakage of -CH$_2$O- and -OCH$_3$O- ring structures, respectively, and the fragment ion with $m/z$ 274.11 was produced by the elimination of the dimethoxy group from berberine. This confirmed that berberine was a major single compound of the CCW fraction.

We tested the in vitro cytotoxicity of berberine using HaCaT keratinocytic cells (Fig. 1C). Various concentrations of berberine (1, 5, 10, 25, 50, 100, and 200 $\mu$M) were used to treat the cells for 24 h. Berberine exhibited low cytotoxicity to these cells at concentrations between 1 and 50 $\mu$M (Fig. 1B). We therefore decided to use berberine at concentrations of 25 and 50 $\mu$M for further experiments.

**Fig. 2. Effects of the** C. chinensis **aqueous fraction (CCW) and berberine on the** Propionibacterium acnes-**stimulated production of nitric oxide and expression of inducible nitric oxide synthase and cyclooxygenase in HaCaT keratinocytic cells.** (A) Nitric oxide (NO) production assay. The cells pretreated with berberine (BB) (25 and 50 $\mu$M) and the CCW fraction (5 and 10 $\mu$g/ml) were infected with heat-killed P. acnes (50 $\mu$g/ml) for 24 h. Production of NO was measured with Griess reagent. The results were obtained from three independent experiments. **$p < 0.01$ compared with the cells treated with heat-killed P. acnes. (B) Western blot analysis of inducible nitric oxide synthase (iNOS) and cyclooxygenase (COX-2) expression. The expression levels of iNOS and COX-2 in P. acnes-treated cells were reduced in a concentration-dependent manner by pretreatment with BB and the CCW fraction.

Effects of the CCW Fraction and Berberine on the P. acnes-Induced Production of Nitric Oxide and the Expression of Inducible Nitric Oxide Synthase and Cyclooxygenase

To identify the anti-inflammatory activity of the CCW fraction and berberine, we first investigated whether it inhibited the production of nitric oxide (NO) and the expression of inducible nitric oxide synthase (iNOS) and cyclooxygenase (COX-2) in P. acnes-induced HaCaT keratinocytic cells. Treating the cells with P. acnes significantly enhanced the production and expression of NO and iNOS (Fig. 2). However, pretreatment of these cells with the CCW fraction and berberine clearly suppressed both NO
production and iNOS expression (Figs. 2A and 2B, respectively). In particular, berberine at a concentration of 50 μM significantly reduced NO production to approximately 66% of that in the P. acnes-stimulated cells, which is in good agreement with a previous report using RAW264.7 cells [15] (Fig. 2A). In addition, the iNOS protein expression decreased with treatment of the CCW fraction and berberine (Fig. 2B). When HaCaT keratinocytic cells were infected with heat-killed P. acnes, the iNOS protein expression was clearly increased compared with the untreated control (Fig. 2B, lanes 1 and 2). Although the iNOS protein bands were vaguely detected with treatment of 25 and 50 μM berberine owing to the band spread in the gel, it was evident that the iNOS expression tended to decrease drastically in a dose-dependent manner with the pretreatment of berberine and the CCW fraction (Fig. 2B, lanes 3–6). When COX-2 expression was investigated by western blot analysis, we found that treatment with the CCW fraction and berberine apparently inhibited it in a concentration-dependent manner (Fig. 2B). These results indicated that the suppressive effect of the CCW fraction and berberine on NO production may be associated with their strong inhibitory activity on iNOS and COX-2 expression in HaCaT keratinocytic cells.

Effects of the CCW Fraction and Berberine on the Production of Cytokines in P. acnes-Stimulated Keratinocytic Cells

The inflammatory response in a cell is accompanied by the expression of cytokines with a variety of inflammatory mediators [16]. It has been reported that P. acnes triggers the expression of proinflammatory cytokines and chemokines and that it is one of the major pathogenic factors leading to the onset and worsening of diseases involving inflammation around the hair follicle and sebaceous glands [17]. We therefore examined whether treatment with P. acnes could elicit inflammatory responses in keratinocytes, using ELISA and RT-PCR to confirm the expression levels of inflammatory cytokines IL-1β, IL-8, and TNF-α. Incubation of HaCaT keratinocytic cells with heat-killed P. acnes augmented the expression levels of these cytokines (Fig. 3), but treatment of these P. acnes-stimulated cells with the CCW fraction significantly inhibited their expression in a concentration-dependent manner (Fig. 3A). The expression levels of mRNA of these inflammatory cytokines were also reduced, indicating that the CCW fraction contained components that suppressed the P. acnes-induced inflammatory response in these keratinocytic cells (Fig. 3C).

We also assayed the production of TNF-α, IL-1β, and IL-8 by ELISA to determine the effects of berberine on the production of these proinflammatory cytokines and chemokine. The levels of expression of TNF-α, IL-1β, and IL-8 were markedly enhanced in the P. acnes-stimulated cells compared with the untreated control cells (Fig. 3B). However, when the P. acnes-stimulated cells were pretreated with berberine, the production of TNF-α, IL-1β, and IL-8 was significantly inhibited in a concentration-dependent manner (Fig. 3B). In particular, 50 μM berberine prominently inhibited the production of TNF-α in the P. acnes-stimulated HaCaT keratinocytic cells. The levels of mRNA expression of these inflammatory cytokines also decreased, indicating that berberine from the CCW fraction was one of the components that suppressed the P. acnes-induced inflammatory response in the HaCaT keratinocytic cells (Fig. 3D).

Effects of the CCW Fraction and Berberine on MAPK Signals in the P. acnes-Stimulated Keratinocytic Cells

Because modulation of the inflammatory response is commonly associated with activation of MAPK signaling proteins [18], we explored the effect of the CCW fraction and berberine on MAPK signals in the P. acnes-stimulated HaCaT keratinocytic cells (Fig. 4A). The phosphorylation of ERK, JNK, and p38 kinases in these keratinocytic cells was significantly augmented with the treatment of heat-killed P. acnes, but this was markedly reduced when the cells were treated with the CCW fraction. In particular, the phosphorylation of ERK and p38 in the HaCaT keratinocytic cells was prominently suppressed with the CCW fraction at 10 μg/ml (Fig. 4A). Similarly, treatment with berberine clearly suppressed the P. acnes-induced phosphorylation of ERK, JNK, and p38, with the phosphorylation of JNK and p38 significantly inhibited by 50 μM berberine (Fig. 4B). These results indicated that the CCW fraction and berberine exerted an anti-inflammatory effect via modulation of the MAPK signaling pathway.

Effects of the CCW Fraction and Berberine on NF-κB Signals in the P. acnes-Stimulated Keratinocytic Cells

NF-κB p65 is a central transcription factor for the upregulation of several proinflammatory cytokine genes that mediate the inflammatory response [19]. We examined if the CCW fraction and berberine inhibited the expression of NF-κB p65 and IκB in P. acnes-stimulated cells (Figs. 4C and 4D). Because the NF-κB p65 pathway is mainly modulated by phosphorylation of IκBα proteins, we investigated the levels of expression of phospho-IκBα and phospho-NF-κB p65 by western blotting after treatment with the CCW fraction at concentrations of 5 and 10 μg/ml.
The expression of phosphorylated IκBa and NF-κB p65 was upregulated in these HaCaT keratinocytic cells in response to the P. acnes stimulation (Figs. 4C and 4D; lane 2), but this was markedly inhibited by treatment with the C. chinensis aqueous fraction (CCW) and berberine.
C. chinensis Suppresses P. acnes-Induced Inflammation

The CCW fraction (Fig. 4C; lanes 3 and 4). In particular, the phosphorylation of IκBα was significantly suppressed by the 10 μg/ml CCW fraction (Fig. 4C; lane 4). Similarly, pretreatment with berberine inhibited phosphorylation of IκBα and NF-κB p65 in P. acnes-stimulated HaCaT keratinocytic cells (Fig. 4D; lanes 3 and 4). In particular, the phosphorylation of NF-κB p65 was significantly suppressed by 50 μM berberine (Fig. 4D; lane 4).

The translocation of NF-κB p65 to the nucleus can occur in TNF-α-induced human keratinocytes [20]. We confirmed that this translocation occurred in P. acnes-stimulated HaCaT keratinocytic cells (Fig. 5B) and that it was notably impaired by treatment with the CCW fraction (Figs. 5C and 5D), with the inhibition especially dramatic with 10 μg/ml CCW (Fig. 5D). Similarly, we also confirmed that treatment with berberine prohibited the nuclear translocation of NF-κB p65 in HaCaT keratinocytic cells (Figs. 5E and 5F), with remarkable inhibition by 50 μM berberine. These results demonstrated that the CCW fraction and berberine inhibited P. acnes-induced expression and the nuclear translocation of NF-κB-related proteins. The inhibition of the NF-κB signaling pathway could result in the suppression of anti-inflammatory cytokines and inflammatory mediators, exerting anti-inflammatory activity.

Discussion

C. chinensis is often used as a traditional herbal medicine...
for therapeutic purposes because of its strong anti-inflammatory activity [7]. Its alkaloid components berberine, palmatine, coptisine, epiberberine, and jatrorrhizine have been reported to be associated with its anti-inflammatory activity in immune cells [21]. However, their effectiveness and the mechanisms underlying the anti-inflammatory effects on inflammatory skin diseases such as acne remain unknown. In this study, we investigated the therapeutic potential of the fractionated CC extract and of berberine, the main bioactive component of CC, in relation to regulation of the production of proinflammatory cytokines, NO, inflammatory proteins, and NF-κB transcription factors in HaCaT keratinocytic cells.

Various studies have shown that P. acnes induces the expression of proinflammatory cytokines and chemokines, including TNF-α, IL-1β, IL-6, and IL-8, in keratinocytic cells [14, 17, 22]. Enhanced IL-8 expression was also observed in P. acnes-stimulated peripheral blood mononuclear cells in patients with acne vulgaris [22]. In this study, we verified that treatment of P. acnes-stimulated HaCaT cells with the CCW fraction or with berberine inhibited the expression of the proinflammatory cytokines TNF-α, IL-1β, and IL-8. We confirmed the anti-inflammatory activity of the CCW fraction and berberine by analyzing the levels of mRNA expression of the inflammatory cytokines; both the CCW fraction and berberine significantly reduced mRNA expression levels of TNF-α, IL-1β, and IL-8 compared with the levels
in *P. acnes*-induced cells. These results demonstrated that the CCW fraction and berberine play a crucial role in suppressing the inflammatory response in HaCaT keratinocytic cells that were stimulated by *P. acnes*, through modulating the expression of the inflammatory cytokines.

The MAPK pathway has been reported to play an important role in regulating the production of proinflammatory mediators in *P. acnes*-induced keratinocytes [14, 23]. Various extracellular stimuli, such as microbial infection, can activate the synthesis and secretion of MAPKs such as ERK, JNK, and p38 [12]. Activation of these components requires phosphorylation of unique amino acid sequences of MAPKs. The phosphorylated MAPKs can bind to other target kinases, translocate to the nucleus, and trigger the transcription of proinflammatory genes. In our study, phosphorylated ERK, JNK, and p38 increased significantly in the *P. acnes*-stimulated HaCaT keratinocytic cells, but these levels were clearly decreased in the cells treated with the CCW fraction and berberine. These results indicate that the CCW fraction and berberine employ the anti-inflammatory response via fine regulation of the MAPK pathway by post-translational modifications to their components [24].

In addition, MAPKs regulate the transcription of iNOS, COX-2, and proinflammatory cytokines in various cells by activating the transcription factor NF-κB [23, 25]. The most prominent transcription factor of the NF-κB pathway is the NF-κB p50/p65 heterodimer [19]. In its inactivated normal condition, this cytoplasmic transcription factor is suppressed by binding with the inhibitor IκBα and remaining in the cytoplasm. When NF-κB and MAP kinases are exposed to pathogens such as *P. acnes* and LPS, IκB kinase phosphorylates the inhibitory IκBα protein, resulting in the separation of IκBα from NF-κB. The released NF-κB p50/p65 is then transferred to the nucleus, where the transcription factors induce and express genes involved in inflammatory signal transduction [26]. In our experiments, the expression levels of phosphorylated IκBα and NF-κB increased in HaCaT keratinocytic cells that were exposed to *P. acnes*, with this increase dramatically suppressed by treatment with the CCW fraction and berberine. Furthermore, nuclear migration and the accumulation of NF-κB p65 were considerably increased in the *P. acnes*-stimulated HaCaT keratinocytic cells but notably decreased after treatment with the CCW fraction and berberine. These results suggest that the CCW fraction and berberine effectively suppress *P. acnes*-induced inflammation by modulating NF-κB signaling proteins.

In conclusion, the CCW fraction from *C. chinensis*, and its main component berberine, showed potent anti-inflammatory activity by suppressing the production of *P. acnes*-mediated iNOS, NO, and inflammatory cytokines via inhibition of the NF-κB and MAPK activation pathways (Fig. 6). These results suggest the possibility of developing natural therapeutics using the CCW fraction and berberine to treat *P. acnes*-stimulated inflammatory skin diseases.

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**Conflict of Interest**

The authors have no financial conflicts of interest to declare.

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